



Spring Short Course Meet
Licensed Level 3
The Arc Leisure Centre, Matlock
Sunday 19 April 2026

License No. 3EM260205

VENUE

This competition will be held at The Arc Leisure Centre, Bakewell Road, Matlock DE4 3AZ.

The pool length is 25m, 8 (eight) lanes with anti-wave lane ropes. The event will be covered using Automatic Officiating Equipment (AOE) timing, with a full display.

Over the top starts may be used at the discretion of the Promoter and/or the Lead Referee.

AGE GROUPS AND ENTRIES

- 9, 10, 11, 12, 13, 14, 15 & Over for all events

In line with the Swim England's Transgender and Non-Binary policy, a new 'open' category has been introduced, which will be for athletes with a birth sex of male, trans or non-binary competitors.

The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

AWARDS

Awards will be given to the top three placed swimmers in each age group in each individual event.

In addition to the individual event awards there will be the following overall awards:-

a) Top Team Award

- i. Top Team Event points will be scored for all events. The scoring will be:- 1st 6 points, 2nd 5 points, 3rd 4 points, 4th 3 points, 5th 2 points 6th 1 point. Event points will be accumulated for all swimmers (from all age groups) for each Club.

b) Top Open/Male & Top Female Award

- i. FINA points will be calculated for all swims and accumulated across all events.
Top Open/Male and Top Female will be awarded for the following age groups:
9, 10, 11, 12, 13, 14 and 15/Over



Under Swim England Laws and Technical Rules of swimming: Licence No. 3EM260205

SCHEDULE OF EVENTS

Session 1

Warm-up: 8:00

Session start: 9:00

Event No.	Event
101	Female 9yrs & Over 100m Individual Medley
102	Open/Male 9yrs & Over 50m Butterfly
103	Female 9yrs & Over 50m Freestyle
104	Open/Male 9yrs & Over 100m Back
105	Female 9yrs & Over 100m Breaststroke
106	Open/Male 9yrs & Over 200m Individual Medley
107	Female 9yrs & Over 200m Freestyle
108	Open/Male 9yrs & Over 50m Backstroke
109	Female 9yrs & Over 50m Breaststroke
110	Open/Male 9yrs & Over 100m Freestyle
111	Female 9yrs & Over 100m Butterfly

Session 2

Warm-up: TBD

Session start: TBD

Event No.	Event
201	Open/Male 9yrs & Over 100m Individual Medley
202	Female 9yrs & Over 50m Butterfly
203	Open/Male 9yrs & Over 50m Freestyle
204	Female 9yrs & Over 100m Back
205	Open/Male 9yrs & Over 100m Breaststroke
206	Female 9yrs & Over 200m Individual Medley
207	Open/Male 9yrs & Over 200m Freestyle
208	Female 9yrs & Over 50m Backstroke
209	Open/Male 9yrs & Over 50m Breaststroke
210	Female 9yrs & Over 100m Freestyle
211	Open/Male 9yrs & Over 100m Butterfly



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SHORT COURSE QUALIFYING TIMES

Entries must not be faster than the upper limit times, published below.

Entries will be accepted on a first come, first serve basis (see Meet Rules and Information for full details).

UPPER LIMIT TIMES

Open/Male

EVENT	9	10	11	12	13	14	15/OV
50m Free	35.0	31.1	29.6	27.9	26.6	25.6	24.6
100m Free	01:07.1	01:03.1	01:02.4	01:00.0	58.5	57.0	53.3
200m Free	02:26.1	02:26.1	02:19.8	02:19.8	02:01.3	02:01.3	01:54.6
50m Breast	41.3	39.5	38.7	36.1	33.8	32.5	31.4
100m Breast	01:30.3	01:25.3	01:20.4	01:18.4	01:14.0	01:10.6	01:07.3
50m Fly	34.2	33.3	32.8	31.5	29.4	28.0	27.1
100m Fly	1:20.6	01:14.6	01:10.7	01:08.0	01:04.0	01:01.5	58.4
50m Back	40.0	36.9	34.5	32.3	30.3	29.4	28.0
100m Back	1:16.5	01:13.5	01:10.3	01:08.0	01:05.6	01:04.6	59.6
100m IM	1:25.7	01:15.7	01:13.5	01:09.5	01:07.0	01:04.5	01:02.3
200m IM	02:48.1	02:48.1	02:34.3	02:34.3	02:12.7	02:12.7	02:08.5

Female

EVENT	9	10	11	12	13	14	15/OV
50m Free	32.1	31.5	30.4	29.0	28.3	27.7	26.4
100m Free	01:09.0	01:05.0	01:03.0	01:01.0	01:00.5	59.6	57.5
200m Free	02:26.5	02:26.5	02:11.9	02:11.9	02:08.20	02:08.2	02:00.7
50m Breast	40.3	39.0	38.5	36.9	35.2	34.5	34.0
100m Breast	1:30.6	01:24.6	01:20.8	01:18.6	01:17.4	01:15.4	01:13.0
50m Fly	34.6	33.7	32.8	31.5	30.5	29.9	28.3
100m Fly	01:20.3	01:11.3	01:09.8	01:08.2	01:06.4	01:05.1	01:03.6
50m Back	34.9	33.9	32.5	31.5	31.0	30.5	29.9
100m Back	01:19.4	01:13.4	01:10.8	01:09.3	01:07.5	01:06.5	01:05.0
100m IM	01:30.4	01:16.4	01:14.8	01:10.3	01:08.0	01:05.2	01:03.4
200m IM	02:48.1	02:48.1	02:34.3	02:34.3	02:25.7	02:25.7	02:18.5

(Long course conversions will be accepted).



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MEET RULES AND CONDITIONS

The meet will be held under Swim England Regulations and Technical Rules of Swimming. This event is licensed by Swim England as a **LEVEL 3** competition. Officials will be from National and Regional lists of Swim England.

If the meet has to be cancelled for any reason, a refund of entry fees only will be sent by bank transfer to each club.

All competitors must be members of an affiliated club, eligible to compete and registered in accordance with Swim England laws and Swim England technical rules and may enter in the name of one club only.

The promoter ('Etwall Eagles Swimming Club') reserves the right to reject any entries which do not meet the entry requirements. By submitting entries on the official entry forms or electronically, clubs and competitors accept the rules of this competition.

Competitors whose entries are accepted and subsequently found to have been entered in the wrong event(s):

- a) Due to incorrect entry information will be withdrawn from the event(s), will not have their entry fees refunded
- b) or due to an error by the organiser, will be withdrawn from the event(s) and will at the organiser's discretion and without further obligation or liability by the organiser either:
 - i. be entered in the correct event or
 - ii. receive a refund of the relevant entry fee(s).

The pool is 25m and the competition will be swum short course. Anti-wave lane ropes will be in place and electronic timing/placing will be used wherever possible. Over the top starts may be used at the promoters' discretion and/or by the Lead Referee.

The entry fee is £7.50 for each event.

The acceptance of competitors will be based on **first-come-first-serve** basis. As many heats as possible will be run in the time available for the Meet.

Heats will be swum with all age groups combined and swimmers seeded by entry times.

Entries must not be faster than the published qualifying times for each event.

As soon as possible after the closing date, club list sheets will be posted on the Etwall Eagles website, together with any information in respect of entries not accepted/rejected. —

There will be no refunds for withdrawals after the closing date (22 March 2026).

All events are being swum combined; however awards will be age grouped. **Ages on 19 April 2026.**





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By submitting entries, consent is thereby given, as required under the data Protection Act of 2018, to the holding of personal information on a computer. Personal data, including submitted and recorded times, may be made public during the meet.

There will be **NO** reserve list at this meet.

All heats will be swum as Heat Declared Winners for the respective age group. In the event of a tie, equal awards will be made. There will be **no** swim-offs.

Entries will be seeded into heats from submitted times. All heats will be placed in 'spearhead' formation. Competitors must report to the stewards prior to their event.

Only coaches and team managers holding a valid meet pass will be allowed on the poolside and in the Sports Hall. Wet swimmers are not allowed in spectator areas. Any matter not covered by these conditions or by Swim England laws or technical rules will be at the promoter's discretion.

SAFEGUARDING

Etwall Eagles Swimming Club takes its commitment to safeguarding seriously, as such only coaches and team managers who have purchased passes and have registered their DBS details with Etwall Eagles Swimming Club, will be permitted on poolside and in the Sports Hall. This policy will be enforced and any person found to be contravening this will be asked to move, the promoter reserves the right to ask those who refuse to observe this to leave the gala without refund.





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ELECTRONIC TIMING

Daktronics AOE timing system with an electronic display is used for this event, with Omega timing pads at start/finish end of the pool only.

A secondary strobe is available for use, if required. If it is required, the promoter should be notified when you submit your entries.

MEET RESULTS

In addition to providing a real time results service, the meet results will be posted on the Etwall Eagles website within 24 hours of the meet closing. Results will also be passed to Swim England for their reference and inclusion in rankings.

For clubs using Sportsystems or any other software systems, a complete electronic copy of their respective meet results can be requested following the meet. Any clubs requesting their results, should provide their e-mail details to the Promoter, during or post the meet.

HEALTH & SAFETY

There is limited space available on poolside for swimmers and so there will be access to the sports hall for teams. The sports hall is for swimmers, team managers, coaches and volunteers only.

Any parents wishing to meet their children should do so upstairs.

There will be **NO** large bags allowed on poolside, lockers are available, cost is a refundable £1.





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Swimmers **MUST** be wearing appropriate footwear and be dry before leaving the pool area to return to the sports hall. The sports hall will be monitored but we ask that Team Managers ensure that swimmers behave appropriately throughout the meet. Food is not allowed on poolside and should only be eaten in the sports hall.

There are strictly no ball games in the sports hall.

Also please keep all emergency exits clear of obstruction and follow all the safety instructions given by the organisers or the sports centre staff.

PARA SWIMMERS

The general conditions for this open meet shall apply to para swimmers except varied by any of the following conditions:

- Competitors must indicate their disability classification or provide a valid Certificate of Disability issued by Swim England at the time of their entry.
- There are no qualifying times for para swimmers.
- Personal care attendants/coaches will be permitted for all para swimmers and they must conform to the Swim England child protection procedures.

WITHDRAWALS

Any withdrawals should be made by contacting the promoter at promoter.etwalleagles@gmail.com before the start of the warm up of the relevant session.

There will be no refund of entry fees for such withdrawals, unless the withdrawal is for medical reasons, in which case an appropriate medical certificate must be provided.

GENERAL INFORMATION

1. Spectator tickets will be available at the table situated at the spectator's entrance to the pool.
2. Spectator admission prices:
 - a. Sunday morning: Adult £6.00 Children (17 and under) and OAPs £4.00
 - b. Sunday afternoon: Adult £6.00 Children (17 and under) and OAPs £4.00
 - c. Sunday all day: Adult £10.00 Children (17 and under) and OAPs £6.00
2. Presentation of medals will be made as soon as possible after the event.
3. Any conditions not covered in the above will be at the discretion of the promoter, Etwall Eagles Swimming Club and includes any alterations to the program and warm up times as necessary.
4. The safety of all competitors, officials and spectators is of paramount importance. During this event announcements concerning your safety will be made in accordance with the recommendations of Swim England. The organisers ask everyone to pay particular attention to these Affiliated to Swim England East Midlands Region and Derbyshire ASA Under Swim England Regulations and Technical Rules of Swimming. Please address any enquiries or queries to: promoter.etwalleagles@gmail.com





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INDIVIDUAL ENTRY FORM

All times to be 25m long course (long course conversions accepted). Age as on **19 April 2026**

Name:			
Gender:	Open/Male or Female		
Date of Birth:	/ /	ASA No.:	
Club:			
Address:			
Tel No.:		Email:	

Event	Entry time	Event	Entry time
50m Freestyle		50m Breaststroke	
100m Freestyle		100m Breaststroke	
50m Backstroke		50m Butterfly	
100m Backstroke		100m Butterfly	
		100m Individual Medley	

Total number of Sportsystems entries:		@ £7.50 per entry	
		Total Cost:	

This is a Level 3 event, licensed by Swim England. Entry times must not be faster than the published qualifying times for each event. Please see meet rules and conditions for details.

I certify that the above details are correct, and I will abide by the promoter's conditions. I confirm that I am an eligible competitor in accordance with the laws of British Swimming and Swim England.

Swimmer's Signature: _____ Date: _____



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