

Affiliated to East Midlands Region and Derbyshire ASA



ECKINGTON OPEN MEET

Saturday 16 and Sunday 17 May 2026

Licence number: 3EM260299

Held under Swim England regulations and technical rules of racing

Eckington Active, Gosber Street, Eckington, S21 4DA

Rules and information

1. Eckington Open Meet 2026 will be held under Swim England regulations and technical rules of racing and licensed at Level 3 (licence number pending).
2. The meet will be held on Saturday 16 and Sunday 17 May 2026. The venue will be Eckington Active, Gosber Street, Eckington, S21 4DA.
3. Ages are as of Sunday 17 May.
4. Events:
 - 50m backstroke, breaststroke, freestyle and butterfly
 - 100m backstroke, breaststroke, freestyle and butterfly
 - 200m individual medley
 - 200m breaststroke, 200m backstroke, 400m individual medley, 400m, 800m and 1500m freestyle (mixed heats of female and open/male 11 years+ only)
5. Upper limit times have been applied and are published below. Any entries faster than these times will not be accepted.
6. All events will be heat declared winners (HDW). Medals will be presented for 1st to 6th place for each of the listed age groups:
 - 9 years (female and open/male)
 - 10 years (female and open/male)
 - 11 years (female and open/male)
 - 12 years (female and open/male)
 - 13 years (female and open/male)
 - 14 years (female and open/male)
 - 15 years (female and open/male)
 - 16 years and over (female and open/male)
7. The pool length is 25m and has six lanes. The pool will be equipped with an electronic timing system and display board, a secondary starting strobe and anti-wave lane ropes.
8. Overhead starts will be used at the promoter's and referee's discretion.
9. The female category is for birth sex females in accordance with Swim England's transgender and non-binary competition policy. By entering the female category, a swimmer confirms that their birth sex is female.
10. Due to the limited number of 800m and 1500m heats that we will be able to run, it is expected that a swimmer will not enter both events, especially as they take place within session 1.
11. **Top visiting club award** – this will be presented at the end of the meet to the attending club that has amassed the most points across the weekend. Points are awarded from 1st to 6th place (e.g. 6th place = 1 point, 5th place = 2 points etc.).

12. If the meet is oversubscribed, entries will be accepted on a first-come, first-served basis.
13. All individual entries must be made on the official form (photocopies are acceptable) and must include the swimmer's Swim England registration number, age etc., together with the correct fee(s) for the race(s) entered, which can only be paid for via bank transfer to Eckington Swimming Club. Incomplete entry forms will not be accepted. Entries will be accepted from 5 January 2026. No entries will be accepted after the closing date of the 20 April 2026, or once the meet has been declared as full. Late entries will not be accepted, unless due to a promoter error.
14. Club entries must be sent electronically via the SportSystems file set, which can be obtained from the club directly or via our Eckington Swimming Club website. If this method is used, we only require the **entry print out** and payment from the club submitting the file within 14 days of confirmed acceptance. **Please see the club's bank details below.**
15. Submitted times should ideally be current PBs that are no faster than the published upper limit times. However, times **need not** be on the ASA rankings site, as there are no lower limit cut-offs. An entry time is required, to ensure that the swimmer is not faster than the upper limit time for the respective event they have entered. Estimates are acceptable – please manually enter a time on the SportSystems entry file (do not leave as 'YES'). The exception to this rule and guidance, is entry to any of the distance events, which are being held on Saturday 16 May, as all swimmers must be at least 11 years of age as of Sunday 17 May. A submitted time **must** be accompanied by a signed declaration by the swimmers respective coach, stating that the swimmer is able to reasonably obtain the submitted entry time. The declaration can be sent by email to: enquiries@eckingtonswimmingclub.co.uk. Entries submitted without a declaration **will not** be accepted. **Times will not be updated after an entry has been accepted.**
16. The competition format will be based on disability inclusion within the able-bodied programme i.e. there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times. Disability competitors will be included within the results for their respective age group.
17. The meet will consist of three sessions:
- Session 1 – warm-up 2-3pm – start 3.05pm – estimated finish 6.30pm
 - Session 2 – warm-up 8-9am – start 9.05am – estimated finish 12.30pm
 - Session 3 – warm-up 1.30-2.30pm – start 2.35pm – estimated finish 6pm
18. If similar numbers of entries are not received for each session, the start time of later sessions may be subject to change and will be confirmed on publication of the draft programme.
19. Warm-up will be one hour prior to start for all sessions and may be split into 15 minute sections, for open/male and females and in age groups. Session 1 – ages/mixed. Session 2 – females first. Session 3 – open/male first.
20. The entry fee is **£8.50** per event (50s, 100s, 200s, 400s) and **£13** per event (800 and 1500).
21. **Location of swimmers** – to accommodate the large number of clubs and swimmers who attend on the **Sunday sessions**, we have commissioned our specialist marquee partner to provide and erect a

secure marquee that will encompass a large area of the outside of the leisure centre (window side), which will be connected to the dance studio to ensure easy access to and from the pool for all swimmers, coaches and team managers. Depending on the weather and temperature on the day, a suitable large capacity portable heater will also be available and sited in the relevant section of the marquee to provide ample heating. On **Saturday**, due to the limitations on the number of events and heats, all swimmers, coaches and team managers will be placed in the dance studio.

22. A poolside pass will cost **£8** for a single session, **£20** for the weekend or **£27** for the weekend including lunch on Sunday (which must be pre-booked). Please indicate the number and type of poolside passes required, which must be pre-booked via the attached poolside pass form and paid for from each respective club that is attending and who have had their entry file(s) accepted by Eckington Swimming Club. We require each person's Swim England number and their role, and confirmation that their DBS is valid for a poolside pass to be issued.
23. Spectator admission prices.
- **Session 1 (Saturday)** – adult £6, child (6-16 years) and OAPs £3 – *children under 6 are free but they will not be able to occupy a seat to themselves due to the limited spaces.*
 - **Sessions 2 OR 3 (Sunday)** – adult £6, child (6-16 years) and OAPs £3.
 - **All day for sessions 2 and 3 (Sunday)** – adult £10, child (16-16 years) and OAPs £5 – *children under 6 are free but they will not be able to occupy a seat to themselves due to the limited spaces.*
24. **Please note** there are **limited spectator spaces** with the permitted number allowed in the balcony viewing areas and café being strictly adhered to by both Eckington Active and Eckington Swimming Club. Once these numbers have been reached, admission will not be permitted. Seating space may become free during or at the end of session 2, with entry at the promoter's discretion on the day.
25. Draft details of all accepted swimmers will be available on the Eckington Swimming Club website prior to the event. This is to allow swimmers to check their entries and advise Eckington Swimming Club of any discrepancies.
26. Swimmers will be called prior to their event heat and should report to the relevant event managers immediately as directed. Swimmers will be sent to the starting area by these event managers.
27. Please help the running of the meet by advising us of withdrawals where known. Withdrawals should be made before the start of each warm-up session. The mechanism for withdrawal will be published with details of the accepted entries. **No refunds** will be made after the closing date.
28. Results will be available on our electronic timing providers website: www.foxsgalatimings.co.uk
29. All participants must observe the safety precautions in operation at Eckington Active and must wear suitable footwear and clothing when leaving the poolside. Swimmers are **not** permitted on the balcony.
30. Any conditions not covered by this information will be at the discretion of the promoter:
- Catherine Willis – Meet Entry Secretary, Eckington Swimming Club**

Session 1 – warm-up 2-3pm – session starts at 3.05pm

Event number	Event
1	Female and open/male 400m Freestyle
2	Female and open/male 200m Breaststroke
3	Female and open/male 800m Freestyle
4	Female and open/male 400m Individual Medley
5	Female and open/male 200m Backstroke
6	Female and open/male 1500m Freestyle

Session 2 – warm-up 8-9am – session starts 9.05am

Event Number	Event
7	Female 200m Individual Medley
8	Open/male 100m Backstroke
9	Female 50m Breaststroke
10	Open/male 50m Butterfly
11	Female 100m Freestyle
12	Open/male 100m Breaststroke
13	Female 100m Butterfly
14	Open/male 50m Backstroke
15	Female 50m Freestyle

Session 3 – warm-up 1.30-2.30pm – session starts 2.35pm

Event Number	Event
16	Open/male 200m Individual Medley
17	Female 100m Backstroke
18	Open/male 50m Breaststroke
19	Female 50m Butterfly
20	Open/male 100m Freestyle
21	Female 100m Breaststroke
22	Open/male 100m Butterfly
23	Female 50m Backstroke
24	Open/male 50m Freestyle

Upper time limits 2026

Swimmers must not be faster than these times

Open/male	11 Yrs	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16+ Yrs
200m Breast	2:52.60	2:47.10	2:41.70	2:36.40	2:31.20	2:21.00
200m Back	2:32.30	2:27.20	2:23.20	2:18.80	2:14.50	2:07.00
400m Free	4:33.30	4:33.30	4:26.30	4:19.40	4:12.60	4:03.00
400m IM	5:14.90	5:14.90	5:06.60	4:48.50	4:50.30	4:39.00
800m Free	11:00.00	10:32.80	10:04.60	9:20.40	9:08.20	9:00.80
1500m Free	21:15.50	20:25.60	19:43.20	18:26.30	17:49.80	17:36.40

Female	11 Yrs	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16+ Yrs
200m Breast	2:50.50	2:47.80	2:45.10	2:42.40	2:39.70	2:35.50
200m Back	2:31.60	2:28.90	2:26.30	2:22.30	2:19.40	2:16.00
400m Free	4:36.50	4:36.50	4:31.30	4:27.90	4:24.80	4:21.00
400m IM	5:17.50	5:17.50	5:13.70	5:10.00	5:03.40	4:58.70
800m Free	11:10.70	10:44.70	10:10.90	9:49.90	9:42.60	9:38.00
1500m Free	20:53.00	19:58.00	19:03.60	18:46.00	18:36.10	18:24.90

	UPPER LIMIT TIMES – OPEN/MALE							
	9 Yrs	10 Yrs	11 Yrs	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16+ Yrs
50m Free	30.90	30.90	29.50	28.20	27.00	25.90	24.90	23.75
50m Fly	32.90	32.90	31.40	30.10	28.90	27.80	26.80	25.90
50m Back	35.00	35.00	33.10	31.80	30.60	29.50	28.50	27.60
50m Breast	39.50	39.50	38.00	37.00	36.00	34.50	32.75	31.00
100m Free	1:02.60	1:02.60	1:01.00	1:00.00	59.00	57.50	55.00	53.50
100m Fly	1:14.30	1:14.30	1:11.30	1:08.40	1:05.60	1:02.90	1:00.30	57.80
100m Back	1:13.70	1:13.70	1:09.20	1:07.70	1:06.30	1:04.00	1:01.70	59.50
100m Breast	1:25.10	1:25.10	1:21.80	1:18.60	1:15.50	1:13.00	1:10.10	1:06.00
200m IM	2:36.40	2:36.40	2:32.20	2:28.00	2:23.80	2:19.60	2:15.40	2:11.20

	UPPER LIMIT TIMES - FEMALE							
	9 Yrs	10 Yrs	11 Yrs	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16+ Yrs
50m Free	30.90	30.90	29.90	28.90	28.20	27.50	26.90	26.20
50m Fly	33.40	33.40	32.30	31.30	30.40	29.60	28.90	28.05
50m Back	33.20	33.20	32.50	31.90	31.40	30.80	30.30	29.75
50m Breast	39.60	39.60	38.30	37.10	36.00	35.00	34.10	33.00
100m Free	1:04.00	1:04.00	1:02.50	1:01.00	1:00.00	59.10	58.20	57.00
100m Fly	1:10.50	1:10.50	1:09.80	1:08.20	1:06.70	1:05.30	1:04.00	1:02.25
100m Back	1:13.70	1:13.70	1:11.90	1:10.20	1:08.60	1:07.10	1:05.70	1:03.80
100m Breast	1:22.30	1:22.30	1:20.50	1:18.80	1:17.20	1:15.70	1:14.30	1:12.50
200m IM	2:36.60	2:36.60	2:33.80	2:31.10	2:28.50	2:26.00	2:26.60	2:20.20

Eckington Open Meet

Under Swim England regulations and technical rules of racing

Saturday 16 and Sunday 17 May 2026

ENTRY FORM – PLEASE USE BLOCK LETTERS

ASA registration number:														
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Full Name:

Open/male / Female (delete as appropriate)

Club:..... Date of birth:.....Age at 17/05/2026:

Address:

..... Post code:

Phone/mobile Email

Event	Female £8.50 per event		Open/male £8.50 per event	
400m Freestyle	1	: .		: .
200m Breaststroke	2	: .		: .
400m Individual Medley	4	: .		: .
200m Backstroke	5	: .		: .
Event	Female £13 per event		Open/male £13 per event	
800m Freestyle	3	: .		: .
1500m Freestyle	6	: .		: .
Event	Female £8.50 per event		Open/male £8.50 per event)	
50m Freestyle	15	: .	24	: .
100m Freestyle	11	: .	20	: .
50m Backstroke	23	: .	14	: .
100m Backstroke	17	: .	8	: .
50m Breaststroke	9	: .	18	: .
100m Breaststroke	21	: .	12	: .
50m Butterfly	19	: .	10	: .
100m Butterfly	13	: .	22	: .
200m Individual Medley	7	: .	16	: .

BACS transfers to Eckington Swimming Club

Total Fee: £ :

I hereby declare that the above particulars are correct and that the swimmer named is an eligible competitor in accordance with the laws of the **Swim England** and will abide by the conditions laid down by the Promoter.

Signature (parent) Date