

Bassetlaw Swim Squad

(Affiliated to Swim England East Midland Region)

Jingle Bell Splash Meet 2025

Under Swim England Regulations and Technical Rules)

License Level 3 – TBC

**BASSETLAW
SWIM SQUAD**

Jingle Bell



SPLASH MEET

LEVEL 3 MEET: 50'S, 100'S, 200'S, 400 FR & 200/400IM

BACK BY POPULAR DEMAND - 'RELAY SKINS'

6TH & 7TH DECEMBER 2025 - WORKSOP LEISURE CENTRE

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Date:	Saturday 6 th and Sunday 7 th December 2025	
Venue:	Worksop Leisure Centre S81 7EN- 25m Pool	
Time:	Session 1	Saturday 6 th Warm-up from 8:00am Start 9:00am
	Session 2	To be advised based on entry level.
	Session 3	Sunday 7 th Warm-up from 8:00am Start 9:00am
	Session 4	To be advised based on entry level.
Entry Fee:	£8.00 per event for swims up to 200m, £10 per 400m event	
Spectator Fees:	£6 per session, day ticket £11	
Events:	50m, 100m & 200m Freestyle, Breaststroke, Backstroke and Butterfly. 400m Freestyle, 200m & 400m Individual Medley.	
Age Groups:	Age as at 06/12/25 - 9/10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs & over.	
Awards:	All events are heat declared winners. Medals for first 3 in each age group.	

General Information

- The pool has limited facilities; there is Hot & Cold Drinks station and some vending machines. Limited free parking is available
- Spectator information will be issued with the final timeline at close of entries.
- A draft programme and start sheets will be available to download on the day of meet and internet permitting a live results service will be available. A link will be provided to the BSS website.
- Swimmers must wear appropriate footwear and clothing when leaving the pool area to visit on the reception area and balcony. Outdoors shoes must not be worn on the poolside.

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Promoters Conditions

1. The Promoter is Bassetlaw Swim Squad (BSS), responsible person Liam Marshall, email liam.marshall@bpl.org.uk
2. The meet will be held under Swim England Regulations & Technical Rules and licensed Level 3 for inclusion in British Swimming Rankings.
3. Age as at 06/12/25, swimmers must be a minimum of 9yrs old on 06/12/25
4. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
5. Entries to the gala are taken on a strictly first come first served basis until the closing date or capacity has been reached whichever occurs first. The capacity will depend on the estimated length of each session.
6. Entry times must not exceed the published Upper Limits (not faster than). As far as possible times should be taken from British Swimming Ranking based on 25m pool. The Sportsystems entry software automatically takes the fastest times from Ranking since 01/01/2024 which may be a converted time. Where no time exists a time must be estimated and entered manually. An entry without a time will not be accepted. Once submitted entry times cannot be updated.
7. Entries and results will be managed on computer and available via the internet. By submitting entries, consent is thereby given, as required by the Data Protection Act, to the holding of personal information on a computer. Personal data, including submitted and recorded times will be available during the meet. The published information may include, but not limited to, Name, Age / Year of Birth and Club.
8. All communication will be via email and Information on the website.
9. Accepted entries will be listed on the website. It is the responsibility of the person submitting entries to check all details using the on-line system and to report any errors or omissions immediately. Errors will not be corrected on the day of meet unless this is proven to be on the part of the meet administration team.
10. Refunds will only be made up until the closing date. Subsequent withdrawals will only be refunded for bona-fide medical reasons and evidence is required. Requests for refunds will be considered after the event has been held and any monies refunded will be via bank transfer to the person or club who made the entry payment.
11. All events are heat declared winner; heats will be seeded on submitted times. All heats shall be spearheaded.
12. It is the responsibility of the swimmer and/or parent to declare to the referee any disability or medical condition that could present a health or safety risk. If such a disability or medical condition exists swimmers must produce a medical certificate confirming that their participation presents no health or safety problems.
13. A secondary strobe will not be available at this competition.
14. Events will be swum as the published schedule, over the top starts may be used at the discretion of the lead Referee.
15. It is the responsibility of the swimmers to report to the competitor's stewards in good time for their race. Heats will not wait for missing swimmers.
16. Medals will be awarded to the top 3 swimmers in each age group.

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17. Clubs must ensure coaches and team managers have carried out the free Swim England DBS, Safeguarding, and qualification check and are able to show a copy when collecting a poolside pass at the venue. This check can be found by logging in to member options at www.swimmingresults.org
18. It is the responsibility of coaches, team managers and parents to ensure an acceptable standard of behavior is maintained in the pool and elsewhere in the building.
19. Swimmers leaving the poolside must be dressed appropriately with suitable footwear. Items of clothing or other articles must not be left unattended as neither the promoters nor the venue management can accept any responsibility for lost, damaged or stolen items.
20. Photographic equipment, mobile phones and image recording devices must not be used by swimmers on the poolside or in the changing rooms.
21. In the event of cancellation, the promoter shall only be responsible for the refund of entry fees, no other costs shall be considered.
22. Submitting an entry electronically via email and Sportsystems Entry Manager is deemed as acceptance of these conditions.
23. The promoter reserves the right to exclude any person not complying with these conditions and anything not covered by the above shall be decided by the promoter.
24. Expenses for Officials and Event Staff will be reviewed in line with BSS Expenses Policy that is available upon request from the Meet Promoter.
25. **Mixed Freestyle Relay SKINS** Relay team entry times must be a summation of the individuals PB's on rankings. Relay members must have entered the meet. A relay declaration form will be issued nearer to the event. Each team is made up of two Open/Male and two female competitors. They may race in any order and can change the order each round, but no substitutions are permitted. 6 teams race a 4x 50m Freestyle race. Depending on time available on the day, one or two teams will be eliminated each round. Rounds to start every 4 minutes.

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Meet Schedule

Session times to be determined based on entry level
Comfort breaks may be inserted if required

Please note there is no swim down facility other than the allocated warm-up times

Session 1 – Saturday 6th December

Warm Up 8.00am. Start 9.00am

Event 101	Open/Male	400m Freestyle
Event 102	Female	200m IM
Event 103	Open/Male	200m Breaststroke
Event 104	Female	100m Butterfly
Event 105	Open/Male	100m Backstroke
Event 106	Female	50m Backstroke
Event 107	Open/Male	50m Butterfly
Event 108	Female	200m Freestyle

Event 109 Mixed Freestyle relay Skins Final 13 years and younger.

Session 3 – Sunday 7th December

Warm Up 8.00am. Start 9.00am

Event 301	Female	400m Freestyle
Event 302	Open/Male	200m IM
Event 303	Female	200m Breaststroke
Event 304	Open/Male	100m Butterfly
Event 305	Female	100m Backstroke
Event 306	Open/Male	50m Backstroke
Event 307	Female	50m Butterfly
Event 308	Open/Male	200m Freestyle

Event 309 Mixed Freestyle relay Skins Final 14 years and older.

Session 2 – Saturday 6th December

Warm TBC. Start TBC

Event 201	Open/Male	400m IM
Event 202	Female	100m Breaststroke
Event 203	Open/Male	50m Breaststroke
Event 204	Female	200m Backstroke
Event 205	Open/Male	200m Butterfly
Event 206	Female	50m Freestyle
Event 207	Open/Male	100m Freestyle
Event 208	Female	100m IM

Session 4 – Sunday 7th December

Warm Up TBC. Start TBC

Event 401	Female	400m IM
Event 402	Open/Male	100m Breaststroke
Event 403	Female	50m Breaststroke
Event 404	Open/Male	200m Backstroke
Event 405	Female	200m Butterfly
Event 406	Open/Male	50m Freestyle
Event 407	Female	100m Freestyle
Event 408	Open/Male	100m IM

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ENTRY TIMES UPPER LIMIT

OPEN / MALE – NO FASTER THAN							
	9/10 yrs	11 yrs	12yrs	13yrs	14yrs	15yrs	16+yrs
50m Free	29.90	28.50	27.20	26.00	25.00	24.00	23.00
100m Free	1:00.60	57.70	56.00	55.00	52.00	53.00	50.00
200m Free	2:07.90	2:04.00	2:02.80	2:00.90	1:57.10	1:55.40	1:51.80
400m Free	4:30.60	4:20.40	4:13.30	4:06.30	4:00.40	3:57.60	3:52.90
50m Breast	36.40	35.60	33.90	31.30	30.80	29.40	27.10
100m Breast	1:16.10	1:11.80	1:09.60	1:06.50	1:04.50	1:02.60	1:00.80
200m Breast	2:48.20	2:42.60	2:37.10	2:31.70	2:26.40	2:21.20	2:16.10
50m Fly	30.90	28.40	27.10	26.90	25.80	24.80	23.90
100m Fly	1:04.30	1:02.30	1:00.40	58.60	56.90	54.30	53.80
200m Fly	2:23.00	2:17.30	2:11.70	2:06.20	2:02.80	2:00.50	1:58.30
50m Back	33.50	31.10	30.00	28.60	27.50	26.50	25.60
100m Back	1:10.70	1:07.20	1:05.70	1:00.30	58.00	56.70	54.50
200m Back	2:26.90	2:15.30	2:07.70	2:03.20	2:00.80	1:58.50	1:55.30
100m IM	1:10.70	1:07.20	1:05.70	1:00.30	58.00	56.70	54.50
200m IM	2:26.40	2:20.20	2:12.00	2:03.80	1:59.60	1:58.40	1:56.20
400m IM	5:10.40	5:00.40	4:44.90	4:26.60	4:18.40	4:12.30	4:10.30

FEMALE – NO FASTER THAN							
	9/10 yrs	11 yrs	12yrs	13yrs	14yrs	15yrs	16+yrs
50m Free	29.90	28.90	27.90	26.20	25.50	24.90	24.40
100m Free	1:02.00	1:00.50	59.00	57.00	56.10	55.20	54.30
200m Free	2:11.00	2:07.30	2:04.50	2:01.80	1:58.10	1:56.30	1:54.40
400m Free	4:29.80	4:22.60	4:16.50	4:11.30	4:07.90	4:04.80	4:02.60
50m Breast	34.60	33.30	32.10	31.00	30.00	29.10	28.30
100m Breast	1:17.30	1:12.50	1:10.80	1:07.20	1:05.70	1:04.30	1:04.00
200m Breast	2:43.20	2:30.50	2:27.80	2:25.10	2:24.40	2:23.70	2:22.00
50m Fly	32.40	31.30	30.30	29.40	28.60	26.90	25.30
100m Fly	1:09.50	1:06.80	1:05.20	1:02.70	1:01.30	59.00	57.80
200m Fly	2:26.00	2:23.20	2:20.50	2:17.90	2:15.40	2:13.00	2:10.70
50m Back	32.20	31.50	30.90	29.40	28.80	28.30	27.90
100m Back	1:11.70	1:07.90	1:05.20	1:03.60	1:02.10	1:00.70	58.40
200m Back	2:24.40	2:21.60	2:18.90	2:16.30	2:12.80	2:09.40	2:07.20
100m IM	1:11.70	1:07.90	1:05.20	1:03.60	1:02.10	1:00.70	58.40
200m IM	2:26.60	2:23.80	2:21.10	2:18.50	2:16.00	2:13.60	2:10.30
400m IM	5:15.40	5:01.40	4:57.50	4:53.70	4:50.00	4:43.40	4:39.90