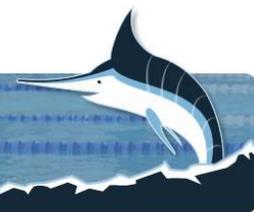




Belper Marlin Swimming Club

Professional coaching for all ages and abilities



Affiliated to Derbyshire A.S.A. and A.S.A. East Midland Region.

Dear Swimmer / Parent / Coach / Team Manager,

Thank you for your entries to the 33rd Belper Marlin Open Meet on Saturday 29th October 2016. It promises to be a busy day, with approx 350 swimmers from 22 clubs competing.

Program. The accepted entries list is now available on the website www.belpermarlin.co.uk. Clubs are strongly encouraged to check the details and times for each of their swimmers, and to immediately inform the promoters of any errors. (See contact details in **Withdrawal** below). Printed copies of the final programme will be available on the day of the meet.

Withdrawal. Should any of your swimmers not be able to attend the meet, please notify us as soon as possible.

Contact the organisers by e-mail to bmscopenmeet@gmail.com or telephone 07967831380. An emergency contact number for the day of the Meet is 07967831380.

Withdrawals can be made until 4:00pm on the day before the Meet, Friday 28th October 2016. Please note that refunds will not be given for entries already accepted.

Heat Start Lists. These will be produced the evening before the meet, on Friday 28th October, We will provide a printed copy to all coaches who have purchased a coaches pass, and to officials.

Registration. As the heat start lists will be produced on the evening before the meet, there is no need for swimmers to register on the day. Should any swimmers not attend then heats will be swum with empty lanes. To reduce the number of empty lanes, we ask you again to **please** notify us of any withdrawals before 16:00 on Friday 28th October. On the day of the meet, please inform the backroom staff of any swimmers who do not want to swim, to avoid any confusion

Coaches Passes. Coaches may collect their passes from the admissions stewards downstairs at entrance to the swimmers changing rooms. Coaches may also collect a copy of the heat start lists. Additional coach passes may be purchased on the day, at a cost of £8-00 per session or £12-50 for all day.

Session Timings

Morning Session	Afternoon Session
08:30 Warm-up start	13:15 Warm-up start
09:30 Session Start	14:15 Session Start
12.30 Estimated Session End	17:40 Estimated Session End

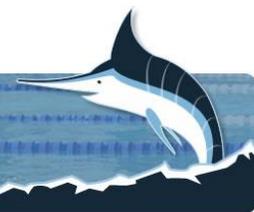
Pool-Side Space. We have an unprecedented number of swimmers at this year's gala. Whilst this makes for a fantastic day of competition, it also means that space on pool-side will be very tight. We therefore need to be strict on how we use pool-side space throughout the day and the following guidelines apply.

- There are to be no large bags taken poolside, space is available in the lockers and the sport hall which will be available all day.
- There will not be space for deckchairs or similar on pool-side.
- Swimmers passing from the changing rooms to the sports hall must have footwear on and have a towel to prevent dripping and causing slip hazards



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- Wherever possible we would ask that swimmers spend their time in the sports hall when not swimming.

Warm-up arrangements. Arc Leisure Centre allows a maximum of 12 swimmers per lane for warm-ups, and they strictly enforce this limit. Therefore the warm-up for both sessions will be structured as set out in the table below. A warm-up steward will supervise the warm-up and ensure the max numbers are not exceeded. Please ensure all of your swimmers are aware of these arrangements.

This applies to both the morning and the afternoon session.

First 15 mins	Junior Girls regular warm-up
Second 15 mins	Senior Girls regular warm-up
First 12 mins	Junior Boys regular warm-up
Second 12 mins	Senior Boys regular warm-up

Sprint Lanes will also be available towards the end of each section of the regular warm-up session.

Warm-up arrangements (continued). Swimmers in odd-numbered lanes shall swim in an anti-clockwise direction, and swimmers in even-numbered lanes are to swim clockwise. Younger swimmers should swim in the lower numbered lanes, older swimmers in the higher numbered lanes. Disability swimmers may warm up in any of the above, as best suits their ability. Coaches are to supervise their swimmers during the warm up.

Reporting for Event. When their event is called the swimmers should proceed to the competitors' assembly area which is at the left hand corner of the pool by the entrance to the changing rooms at the shallow end of the pool. The competitor stewards will then sort the swimmers in heat/lane order in the holding area. Just before their heat the swimmers will be escorted along the poolside to the deep end to prepare for the start. It is essential that they swim in the heat and lane they are told to, otherwise their results may be wrong.

Results and Trophies. Results from each event will be posted on the wall of the shower block at the shallow end of the pool as the meet progresses. Results will also be posted on the gantry wall behind the spectators for the benefit of spectators. We hope to publish results live to the website during the gala, internet connection permitting. Full results will be posted on the website as soon as practically possible after the gala finishes. Trophies may be collected from the trophy table on poolside as the gala progresses.

Top Boy / Top Girl / Top Visiting Club trophies. Points for these trophies will be awarded as the Meet progresses. At certain points during the day the leaders in these 3 categories will be displayed with the results at the shallow end of the pool. If your club or any of your swimmers are amongst the leaders for these trophies then please stay to the end of Session 2 when the winners will be announced and the trophies presented.

Thank you for your support, and we hope that you have an enjoyable meet.

Kind Regards

Paul Horobin

(Promoter, Belper Marlin Open Meet)

Mobile: 07967831380

E-Mail Fixtures@belpermarlin.co.uk